

HEALTH SERVICES REPORT

U.C.C. Dispensary

FEBUARY 2015 – FEBRUARY 2020

STAFF:

Doctor : Dr W.C Manners (Part Time Doctor)
Nurse : Ms. Joycelyne Warjri (Residential Nurse) (Retired 2019)
Ms. Layahunlang Nongrum (ANM)
Asst. Nurse : Ms. I Kyrasian
Cleaner : Mrs. Rystemen Lynser (Daily Wage)

ROUTINE:

Days Open : Monday to Friday, Dispensary open through the day Saturday and Sunday, Staffs available for Emergencies
Timings : 9:30 to 5.00 P.M.
Lunch Break : One Hour

AVERAGE NUMBER OF PATIENTS:

2016 – 2017 (Staff & Villagers) : 80/100/Monthly
2016 – 2017 (Students Boy/Girls) : 96/150/150/Monthly
2017 – 2018 (Staff & Villagers) : 40/160/Monthly
2017 – 2018 (Students Boys/Girls) : 98/180/Monthly

(Number of patients increases during peak season)

Common Cases

- 1) Acute Gastro Enteritis – Frequent and General, effecting both girls and boys equally.
- 2) Dysentery – From time to time
- 3) Anaemia – Mainly effecting the girls, it may be diet related, seeing as they often refuse healthy food and choose rather to eat junk food.
- 4) Hypotension
- 5) Hepatitis
- 6) Typhoid fever – A few, inspite of the college water being relatively clean
- 7) Renal Calculi – Quite Common, given the relatively small population.

- 8) Scabies – A case come in from time to time
- 9) Herpes Zoster
- 10) Ring Worms
- 11) Eczema
- 12) Multiple Boils
- 13) Pyrexia of Unknown Origin (POU)
- 14) Influenza
- 15) Upper Respiratory Tract Infection – Seasonal occurrence
- 16) Urinary Tract Infection – Quite a common occurrence.
- 17) Tuberculosis- A few cases on campus, all which have been acquired for elsewhere.
- 18) Malaria – During the wet months, quite a few cases. Diagnosis and treatment done with the help of State Health Services.
- 19) Worm infestation
- 20) Constipation – A common ailment, stemming from a general unwillingness to drink water by many students.
- 21) Heart Ailments
- 22) Psychological Cases – Hysteria
- 23) Substance abuse and Addictions
- 24) Benign Tumours
- 25) Breast lumps
- 26) Fainting attacks
- 27) Dental Caries – These are sent to the dentist in Shillong for specific care.
- 28) Double Vision
- 29) Conjunctivitis – Quite common given the relatively over populated-ness of the hostel facilities.
- 30) Injuries, Fractures, Sprains and Dislocations – Mostly the result of sports. Treated in house unless severe, requiring specialized treatment in Shillong.

Facilities Available

Medicines

Types of Medicine Dispensed Daily

1. Antacids

2. Purgatives
3. Analgesic
4. Antipyretic
5. Anti- inflammatory (NISE)
6. Sulphonamides
7. Broad Spectrum Antibiotics
8. Antibacterial Drugs
9. Antiemetic Drugs
10. Antifungal Drugs
11. Anti Allergic Drugs
12. Anti viral Drugs
13. Anti Haemorrhagic Drugs
14. Anti Malarial
15. Anti Helminthic, pediculosis and Scabies
16. Multi vitamins and Enzymes
17. Intravenous Fluids and Oral Rehydration
18. Emergency Injectable Drugs
19. Tetanus Injection

Medicine Stock records

- Stock records are kept manually.
- Registers are Maintained on all treatment meted out.
- All expired Medicines are returned to the stockist to, in turn, receive a fresh Stock.